

The Joint Family Support Assistance Program (JFSAP) is a Department of Defense initiative with a mission to provide mobile, high quality family services to augment current family programs' ability to meet the needs of Active Duty, Guard and Reserve family members. The primary focus of support is Service Members and Families who are geographically dispersed from a military installation. There is a JFSAP team in all 50 states and 4 territories located with the Family Programs National Guard Joint Forces Headquarters.

What JFSAP Does Individual Consultations, Educational Seminars and Briefings. We provide one-on-one counseling, conduct workshops and provide briefings on a variety of issues relating to military and family life; workshops and briefings can be conducted in-person or virtually. We help Service Members and their Families obtain the support, education or information to develop the skills they need to be resilient and successful. We provide connections to local resources for more specialized or long-term services.

Eligibility All currently serving Military Members and their Families in all branches of service, including Active Duty, Guard and Reserve Service Members regardless of their activation status.

Connecting With the JFSAP Team

Military Family Life Counselors (MFLCs) are licensed mental health professionals who are available to provide mobile, brief, solution-focused counseling to Service Members and their families. Connection to on going or more intensive counseling/therapy is provided as needed. No records, completely confidential (*except in cases where harm to self or others is indicated*).

* Debbie Jordan, MFLC (434) 414 - 4599 debbie.jordan@mhn.com

Child & Youth MFLC specializes in issues relating to children and youth. Provides parenting and child development information and education. Provides direct, short-term solution focused counseling to children, youth, and families. No records, completely confidential (*except in cases where harm to self or others is indicated*).

* Cindy Blevins, C&Y MFLC (540) 266 - 2349 cindy.j.blevins@mhn.com

Personal Financial Consultant (PFC) is available to assist Service Members and their Families on financial matters. Provide one-on-one consultations, education, and unbiased advice to address an individual's unique circumstances and needs.

* Bethy Vallejo, PFC office: (804) 236 – 7867 or cell: (804) 316-3348 bvallejo@mflc.zeiders.com

Military OneSource Consultant is a specialist on resources, programs, and services for Military Families. Conducts briefings and trainings to update Service Members on the variety of programs and services offered through this extensive 24/7 telephone call center and web based resource.

* Kaye Carney (804) 926 - 7604 kaye.carney@militaryonesource.com